

--- TABLE I: CONTENT OF ONE 150 GRAMS SERVING OF NUTRICAM/CHILD/DAY

Food	grams	Calories (kJ)	Proteins g	Fat g	Carbohydrates	Fe mg	Zn mg
Cereal Flour (ex. Mais)	20	64,8 (274)	1,4	0,6	13,3	0,5	0,1
Fish (or meat, poultry, beans)	10	20,0 (84,2)	2,4	0,6		0,2	0,2
Peanut Butter	5	29,2 (121)	0,2	2,5	0,5	0,1	0,3
Vegetable oil	5	45,0 (185)	0	5			
Water	to 150 g	0					
TOTAL		159 (664,8)	4,0	8,7	13,7	0,8	0,6

--- TABLE II: WEEKLY MENU OF 'NUTRICAM' FOR 200 servings/day

DAY	Carbohydrates Kg/day	Proteins Kg/day	Fat Kg/day
Monday	Maize 4 kg	Dry fishes 2 kg	Peanut Butter 1kg + Oil 1lt
Tuesday	Rice 5 kg	Meat 2 kg	Peanut Butter 1kg + Oil 1lt
Wednesday	Millet 4 kg	Dry fishes 2 kg	Peanut Butter 1kg + Oil 1lt
Thursday	Maize 4 kg	Chicken meat 2 kg	Peanut Butter 1kg + Oil 1lt
Friday	Rice 5 kg	Dry fishes 2 kg	Peanut Butter 1kg + Oil 1lt
Saturday	Maize 4 kg	Beans 2 kg	Peanut Butter 1kg + Oil 1lt
Sunday	Maize 4 kg	Peas 2 kg	Peanut Butter 1kg + Oil 1lt

--- TABLE III: CONTENT OF ONE 200 GR SERVING OF NUTRICAM/CHILD/DAY

Food	grams	Calories	Proteins gr
Cereal Flour (ex. Mais)	20	80	1,4
Fish (or meat, poultry, beans)	10	40	2,4
Peanut Butter	10	80	0,2
Vegetable oil	5	40	0
Water	Up to 200 gr		
TOTAL		240	4,0

--- TABLE IV: WEEKLY MENU OF 'NUTRICAM' FOR 200 CHILDREN

DAY	Carbohydrates	Proteins	Fat
Monday	Maize 4 kg	Dry fishes 1 kg	Peanut Butter 1,2kg + Oil 1lt
Tuesday	Rice 5 kg	Meat 2 kg	Peanut Butter 1,2kg + Oil 1lt
Wednesday	Millet 4 kg	Dry fishes 1 kg	Peanut Butter 1,2kg + Oil 1lt
Thursday	Maize 4 kg	Chicken meat 2 kg	Peanut Butter 1,2kg + Oil 1lt
Friday	Rice 5 kg	Dry fishes 1 kg	Peanut Butter 1,2kg + Oil 1lt
Saturday	Maize 4 kg	Beans 2 kg	Peanut Butter 1,2kg + Oil 1lt
Sunday	Maize 4 kg	Peas 2 kg	Peanut Butter 1,2kg + Oil 1lt

--- TABLE IV: FEEDING COST for 100 CHILDREN EVERY DAY

	EUROS		
	One Day	One Month	One Year
F75 Milk	9,96	299	3588
F100 Milk	79,95	2398	28782
TOTAL MILK	89,91	2697	32370
NUTRICAM	7,35	220	2648
Cost Rate Nutricam/Milk	%		8,18